

最もポピュラーなボリビアの薬草リスト

Plant	Common name	Medical use(s)
<i>Acanthostyles buniifolius</i> (Hook. ex Arn.) R.M. King & H. Rob.	Romerillo	Source of essential oil
<i>Achyrocline satureioides</i> (Lam.) DC.	Vira vira, wira wira	Coughs and lung problems
<i>Artemisia absinthium</i> L.	Ajenjo	Stomachache, memory, melancholia, wound healer, insomnia, parasites.
<i>Baccharis dracunculifolia</i> DC. = <i>Parastrephia lepidophylla</i> (Wedd.) Cabrera	T'ola, Thola, Pachataya	Laxative, digestive, aromatic, eupeptic, febrifuge, rheumatism
<i>Baccharis trimera</i> (Less.) DC.	Carqueja	Bile stones, feminine sterility, sexual impotence, rheumatism
<i>Bertholletia excelsa</i> Bonpl.	Brazil nut oil	Antioxidant, emollient
<i>Cinchona calisaya</i> Wedd.	Quina, Cascarilla	Fever, blood purifier, antiseptic, paludism, anemia
<i>Citrus aurantium</i> L.	Petit grain, Kurisi, Laranku	To sweat, to regulate menstruation, epilepsy
<i>Croton lechleri</i> Müll. Arg.	Sangre de drago, Llausa Mora	Purgative
<i>Cymbopogon citratus</i> (DC.) Stapf	Japanese mint, Pasto de cedron, Paja cedron, Jichu cederrón, Jichu sokkos, Hierba Luisa	Digestive
<i>Chenopodium ambrosioides</i> L.	Paico	Hepatic functions, vermifuge
<i>Eucalyptus citriodora</i> Hook.	Eucaliptus (eucalipto)	Cough, antiseptic, bronchitis
<i>Foeniculum vulgare</i> Mill.	Fennel (Hinojo), Jinuchchu	Stomachache, milk production, eyes wash.
<i>Galipea longiflora</i> K. Krause	Yuruma huana, evanta, evanta hembra, evanta macho	Leishmaniasis, diarrhea
<i>Hedeoma mandoniana</i> Wedd. = <i>Satureja boliviana</i> (Benth.) Briq.	Muña, Khoa	Antiparasitic, migraine, food preservative, insecticide, burns, disinfectant
<i>Juglans boliviana</i> (C. DC.) Dode	Nogal, black walnut, bolivian walnut	Skin problems (eczema, herpes, psoriasis, parasites, wounds), tonic, laxative
<i>Marrubium vulgare</i> L.	Toronjil del monte	Expectorant, choleric, coughs
<i>Matricaria chamomilla</i> L.	Manzanilla	Stomachache, somniferous, anti-inflammatory, conjunctivitis.
<i>Mentha aquatica</i> L.	Menta	Stomach pain, nausea, cardiac palpitations, vertigo, stomach parasites, uterine washings.
<i>Minthostachys mollis</i> (Kunth) Griseb.	Peperina, peperita, matin muña	Antimicrobial, eupeptic, antispasmodic, diarrhea
<i>Ocimum micranthum</i> Willd	Albahaca del monte	Bronchitis, anemia, otitis, milk production
<i>Pera benensis</i> Rusby	Apainichij, apainiki	Leishmaniasis
<i>Plantago major</i> L.	Llanten	Throat, diarrhoea, hepatic functions, wounds healing
<i>Peumus boldus</i> Molina	Boldo, años keru	Digestive, migraine, rheumatism
<i>Porophyllum ruderale</i> (Jacq.) Cass.	Quilquiña, mexican cilantro	Flavouring agent
<i>Rubus boliviensis</i> Focke	Zarzamora silvestre, mora	Astringent, diarrhea, sore throat, varicose veins, hemorrhoids, skin problems
<i>Schinus molle</i> L.	Molle, mulli	Hepaprotector, antibacterial, antimycotic, anti-inflammatory, regulator of heart, blood pressure, bowels movement, uterine stimulators, wounds healing
<i>Sida rhombifolia</i> L.	Malva, escobilla	Antibacterial, kidney inflammations, diarrhea, fever
<i>Smilax campestris</i> Griseb.	Sarsaparrilla, kajahuatana,	Antiseptic, to sweat, venereal diseases
<i>Solanum lorentzii</i> Bitter	Guirakillo	Antimycotic, fever, food
<i>Tagetes terniflora</i> Kunth	Huacataya, suico-suico	Nervous shivering, stomachache, digestive, flatulence, appetite loss
<i>Taraxacum officinale</i> F.H. Wigg	Amargen, diente de leon	Flatulence, diuretic, blood purifier, hemorrhoids
<i>Theobroma grandiflorum</i> (Willd. ex Spreng.) K. Schum.	Cupuazu	Pharmaceutical aid for suppositories, pills, etc.
<i>Uncaria tomentosa</i> (Willd. ex Roem. & Schult.) DC., <i>Uncaria guianensis</i> (Aubl.) J.F. Gmel.	Uña de gato, bereu quid'a	Vomiting, rheumatism, menstrual regulation, intestinal, kidney and liver functions

Source: Material data sheet. www.biocomerciobolivia.org.bo; Dr. Alberto Giménez. Institute of Pharmacobiology, Universidad Mayor San Andres, La Paz, Bolivia; *Personal Evaluation*.

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